

A SIMPLE CYBER SECURITY CHECKLIST

	Action	What That Means	Actions
	Turn on Multi-Factor Authentication	Even if someone has your password, MFA means they can't get in without a second step—like a code on your phone.	
	Regularly Backup Data	If your device is lost, hacked, or damaged, your data is still safe.	
	Slow down before clicking	If an email feels urgent or emotional, pause. Scammers use pressure to trick you.	
	Verify requests by phone	If someone asks for money or sensitive info, call them directly but don't use a number they've given you.	
	Keep software updated	Software updates fix security holes. Make sure your devices and apps are always kept up to date.	
	Use strong, unique passwords	Don't reuse passwords, change any password you think may have been compromised. Use a password manager if possible.	
	Limit access to sensitive data	Only give access to data to those who need it. Less access means lower risk.	
	Report suspicious activity	If something feels off, tell someone. It's better to check than to ignore it.	

HELP US TO HELP EVERYONE STAY SAFE BY SHARING THIS WITH YOUR NETWORK